Australasian Therapeutic Communities Association
Freemantle Conference 2011

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Fresh Start Recovery Programme
Perth, Western Australia
Death Prevention & Overdose

a) Caplehorn (1996) mortality was 50/1000pt yrs, post jail and rehab in the first year.
b) Cornish (2010) after methadone treatment, mortality in weeks 1-2 was 48/1000 pt yrs, in weeks 3-4 was 43/1000 pt yrs

c) Fresh Start’s risk of overdose death 0.3/1000 pt yrs, 400 days post Naltrexone Implant

3. O'Neil G., 2011 Unpublished research collected at Fresh Start

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- 56% relapsed in 36 days
- 23% long term abstinence
Naltrexone Implants (10yrs Rehab, Northam)

- Reduces opiate use in Rehab
- Reduces post rehab risks:
  - Deaths <400 days
  - Relapse and recidivism
Opioid Overdose and Implants

Identified via WA Hospital Linked Data & ECHO Project EDIA data

- 361 patients
- 21 patient overdoses in the 6 months before treatment
- 0 opiate overdoses in the 6 months after treatment


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