Conference Handbook

INTERNATIONAL CONFERENCE OF THE AUSTRALASIAN THERAPEUTIC COMMUNITIES ASSOCIATION

14 – 18 OCTOBER 2013
MERCURE GOLD COAST

ATCA 2013
Building Communities

Sponsor

Proudly supported by
Lives Lived Well was established following the merger of the Alcohol and Drug Foundation Queensland, the Gold Coast Drug Council and the Queensland Drug and Alcohol Council in May 2012.

Lives Lived Well has three therapeutic communities, delivering affordable residential rehabilitation services for people with severe alcohol and drug dependencies.

Our quality treatment facilities have helped thousands of people in Queensland recognise their addictions, receive treatment and return to the community to live life well.

Our Therapeutic Communities are:

**Logan House Therapeutic Community**

In a peaceful, semi-rural setting on the banks of the Logan River – this 37-bed drug rehabilitation facility, offers a comprehensive recovery-oriented experience. For more information phone Logan House on 5546 3900.

**Mirikai Therapeutic Community**

Lives are being turned around and potential unlocked at this 40-bed specialist alcohol and drug treatment facility on the Gold Coast for people aged 18 to 29 years. For more information phone Mirikai on 07 5535 4302.

**Shanty Creek Therapeutic Community**

In this beautiful, scenic, farming area in the Atherton Tableland, a culturally tailored program for Aboriginal and Torres Strait Islanders is working to heal lives and spirits. For more information phone Shanty Creek on 07 4086 5300 or contact their Cairns Shopfront on 07 4046 8080.

For more information about Lives Lived Well and our Therapeutic Communities visit www.liveslivedwell.org.au or call 07 3834 0200.
WELCOME TO THE CONFERENCE

On behalf of the ATCA Board and the conference organizing committee we would like to extend a warm greeting to you all.

For those of you who have travelled from interstate a special welcome to the Gold Coast – to what is a most beautiful corner of the country. As always we are delighted to host visitors from across the Tasman with whom we share so much in common.

This message was written some little ago now and we can only hope that the weather continues to provide balmy early summer days and comfortable nights.

In structuring the conference program an effort has been made to ensure there is a strong representation from our membership and those otherwise directly involved at a service delivery level. This focus has been balanced by sessions given over to research as well as relevant developments and initiatives occurring at a national and indeed international level. We are fortunate to have attracted an impressive line-up of speakers whose presentations will be spread across a mix of keynote and concurrent sessions. Their canvas is broad, their palette colourful, their subject matter interesting and their credentials impeccable!

Over time administrative and funding climates shift along a continuum bounded at one end by plenty and stability and at the other by relative paucity and uncertainty. Few would argue that we are in bleaker rather than bountiful times. Purchasing decisions, and particularly those that are of a discretionary nature need to be prudently made. The number of delegates attending this conference stands as a testament to the high regard and importance that the sector places on this event.

We consider ourselves very fortunate indeed to have Rowdy Yates join us this year. Welcome Rowdy and Kathleen! We appreciate Rowdy’s personal generosity and professional commitment to embark on, what is a taxing travel schedule to support the TC movement in Australia. In addition to his multiple conferences presentations Rowdy and Kathleen will be offering a series of workshops in Sydney and Perth on the homeward leg of their journey. If that were not enough, Rowdy will also be performing for us as part of, or should we say, as the highlight of the conference’s closing ceremony.

No event of this nature just happens. An immense amount of work goes into its planning and preparation. Thanks to members of the organizing committee – namely:

- Mitchell Giles, CEO, Lives Lived Well
- Ivor Shaw, Manager, Logan House *
- Trevor Hallewell, Program Manager, WHOS
- John Bartlett, Director, Fresh Hope Association Inc
- Charlie Blatch, CEO, Goldbridge Rehabilitation Services
- Grant Robin, Manager Residential Services, Gold Coast Drug Council
- Dave Warby, Program Manager, Shanty Creek Therapeutic Community
- Gerard Byrne, Clinical Director, Salvation Army
- Dr Lynne Magor-Blatch, Executive Officer, ATCA

We hope you enjoy the conference and at its conclusion leave with positive memories and a strong sense of time and money well spent.

Barry Evans
On behalf of the ATCA Board

Ivor Shaw
On behalf of the Organizing Committee

THE ORGANISING COMMITTEE

Thank you to the TC community of Queensland for endless hours of teleconferences and meetings.

Mitchell Giles
CEO
Lives Lived Well

Ivor Shaw
Manager
Logan House *

Trevor Hallewell
Program Manager
Najara, WHOS

John Bartlett
Director
Fresh Hope Association Inc

Charlie Blatch
CEO
Goldbridge Rehabilitation Services

Grant Robin
Manager
Residential Services, Gold Coast Drug Council

Dave Warby
Program Manager
Shanty Creek Therapeutic Community

Gerard Byrne
Clinical Director
Salvation Army

Dr Lynne Magor-Blatch
Executive Officer
ATCA

* Chair of the conference organising committee
CONTENTS

Page 1     Welcome
Page 3     General information
Page 4     Program
Page 10    Presenters
Page 20    Roundtable discussions
Page 21    Workshops
Page 22    Notes
GENERAL INFORMATION

Registration
The registration area for the conference is located on Level 1, up the main stairs from the hotel foyer. The registration table will be open during these hours.
- Monday 14 October 4pm – 7pm
- Tuesday 15 October 7am – 5pm
- Wednesday 16 October 7am – 7pm
- Thursday 17 October 7am – 5pm
- Friday 18 October 7am - 12 Noon

Conference Dinner
Wednesday 16 October
Ballroom, Mercure Hotel from 6.30pm – 11.00pm
Join us for pre dinner canapés before moving into the Ballroom for the Conference Dinner. The 2 course dinner of main meal and dessert will be served either side of the ATCA Awards. After the conclusion of the awards, jump on the dance floor and dance to the sounds of Savvy Music until 11pm. This function will not include complimentary soft drink or alcohol; these can be purchased from the cash bar located within the Ballroom during the night.

ATCA AGM
For members the Annual General Meeting will be held from 5pm on Tuesday 15 October in the ballroom, Level 1.

Poster presentations
There will be a small group of posters available for viewing on Day 1 at the conference. The authors will be present at lunchtime on Day 1, Tuesday 15 October to present their paper to delegates. Lunch will be served on Level 1 and the restaurant during this break.

Special Meals
If you have nominated for a special meal, a dietary table with meals will be set aside within the conference foyer for morning tea and afternoon tea. Lunch is a buffet in Chelo’s Restaurant and the buffet will include all dietary requirements.

AA and NA meetings
Wednesday 16 October from 7.30am, Level 1 will be an Alcoholics Anonymous Meeting for those who wish to attend. This will be held in the Club Room.
Thursday 17 October from 7.30am, Level 1 will be an Narcotics Anonymous meeting for those who wish to attend. This will be held in the Pinehurst Room.

Presentations from the conference
Where permission has been provided by the presenter, all presentations will be available on the ATCA website within 2 weeks after the conference.

Contact
Running late or need help, call us.
Michelle Bordignon, I AM EVENTS
Mobile: 0402 315 944

Hotel check in & check out
If you have booked accommodation through the event manager, your booking has been passed onto the hotel. Check in is from 2pm daily.
- James is the head concierge, please say hello when you arrive! He can store your luggage until your room is ready.
- Check out is 11am daily. Again concierge can store your luggage and assist with coordinating transfers.

Pre Conference TC Visits

Monday 14 October
- Tour 1/ Tour 2 Gold Coast TC’s
  (Mirikai, Fairhaven and Goldbridge)
- Tour 3 Brisbane TC’s
  (Moonyah and Logan House)

Buses will be departing reception of the hotel at 9am.

Post Conf workshops
Friday 18 October
Level 1, Conference floor, Mercure Hotel
from 9am – 4pm (approx some could finish earlier)

Morning tea/ lunch and afternoon tea is included for those attending. There is still space available for those who wish to attend, just see Michelle at the registration table to book your spot $185 (Inc GST) per person.

Welcome Function
Monday 14 October
Poolside, Mercure Hotel from 6.30pm – 8.30pm

For those registered for the full conference, your attendance to the Welcome Function is included. Please join other delegates from throughout Australia and New Zealand from 6.30pm at the hotel pool for 2 hours of networking and formalities.

This function will not replace a dinner, and light canapés will be served. This function and the conference dinner will not include alcohol. There will be a cash bar for delegates to purchase alcohol. This function will include complimentary soft drinks for delegates.
Site Visits to Queensland Therapeutic Communities  
Monday 14 October 2013

<table>
<thead>
<tr>
<th>TIME</th>
<th>TOUR 1:</th>
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<th>TOUR 2:</th>
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<th>TOUR 3:</th>
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<tbody>
<tr>
<td>8.45am</td>
<td>Assemble to board bus</td>
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<td>9.30am</td>
<td>Arrive Mirikai, Burleigh Heads</td>
<td>9.45am</td>
<td>Arrive Goldbridge, Southport</td>
<td>10.15am</td>
<td>Arrive Moonyah, Brisbane</td>
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<td>9.30am-11.00am</td>
<td>Tour and morning tea</td>
<td>9.45am-11.15am</td>
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<td>10.15am – 11.45am</td>
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<td>Depart Moonyah</td>
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<td>11.45am</td>
<td>Arrive Fairhaven, Tambourine Mountain</td>
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<td>Arrive Fairhaven, Tambourine Mountain</td>
<td>12.45pm</td>
<td>Arrive Logan House, Logan Village</td>
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<tr>
<td>11.45am-12.30pm</td>
<td>Tour Fairhaven</td>
<td>12.00pm-12.30pm</td>
<td>Commence tour Fairhaven</td>
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<tr>
<td>12.30pm-1.30pm</td>
<td>LUNCH at Fairhaven</td>
<td>12.45pm – 1.45pm</td>
<td>LUNCH at Logan House</td>
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<td>1.30pm</td>
<td>Depart Fairhaven</td>
<td>1.30pm-2.00pm</td>
<td>Complete tour Fairhaven</td>
<td>1.45pm – 2.45pm</td>
<td>Tour Logan House</td>
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<tr>
<td>2.15pm</td>
<td>Arrive Goldbridge, Southport</td>
<td>2.00pm</td>
<td>Depart Fairhaven</td>
<td>2.45pm</td>
<td>Depart Logan House</td>
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<tr>
<td>2.15pm – 3.45pm</td>
<td>Tour and afternoon tea</td>
<td>2.30pm</td>
<td>Arrive Mirikai</td>
<td>3.45pm</td>
<td>Arrive Mercure Hotel</td>
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<td>3.45pm</td>
<td>Depart Goldbridge</td>
<td>2.30pm – 4.00pm</td>
<td>Tour and afternoon tea</td>
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<tr>
<td>4.00pm</td>
<td>Arrive Mercure Hotel</td>
<td>4.00pm</td>
<td>Depart Mirikai</td>
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<td>4.15pm</td>
<td>Arrive Mercure Hotel</td>
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<tr>
<td>6.30pm – 8.30pm</td>
<td>WELCOME CELEBRATION</td>
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<td>MC: Dave Warby</td>
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### PROGRAM
**DAY 1, Tuesday 15 October 2013**

<table>
<thead>
<tr>
<th>TIME</th>
<th>VENUE</th>
<th>SESSION OR FUNCTION</th>
<th>CHAIR</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00am – 8.45am</td>
<td>Conference Lobby</td>
<td>Registrations &amp; Coffee</td>
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</tr>
<tr>
<td>8.45am – 9.30am</td>
<td>Augusta/ Doral Room</td>
<td>CONFERENCE OPENING SESSION</td>
<td>Mitchell Giles</td>
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<tr>
<td>Welcome &amp; Introduction</td>
<td>ATCA Conference Organising Committee</td>
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<tr>
<td>Welcome to Country</td>
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<tr>
<td>Conference opening</td>
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<tr>
<td>Fairhaven Women – Interpretive Dance</td>
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</tbody>
</table>
| 9.30am – 10.15am | Augusta/ Doral Room | PLENARY SESSION | Barry Evans | Rowdy Yates
Precious Inheritance: the enduring legacy of the therapeutic community and its role and value in a changing world |
| 10.15am – 10.45am | | MORNING TEA | | |
| 10.45am – 11.15am | Augusta/ Doral Room | The National Agenda | Garth Popple | John Shevlin
Reviews and Activity in the National Arena |
| 11.15am – 11.45am | | | Dr Lynda Berends | Review of AOD Prevention and Treatment Services |
| 11.45am – 12.15pm | | | Assoc Prof David Best | The Quality Assurance Project |
| 12.15pm – 1.00pm | | LUNCH – During lunch there will be an open NA meeting. Interested delegates are invited to attend. POSTER PRESENTATIONS – Please join the poster presenters during lunch to review their work and network. | | |
| 1.00pm – 1.40pm | Augusta/ Doral Room | Workforce Development and TC Training | Barry Evans | Roger Nicholas
Workforce Development for the AOD sector |
| 1.40pm – 2.05pm | | | Anna Nelson | Workforce Development: identifying need, demand and solutions to building capacity and capability in the Therapeutic Community workforce throughout Australasia |
| 2.05pm – 2.30pm | | | Jane Shelling | A Tailored TC Professional Development Approach using Drugfields |
| 2.30pm – 3.00pm | | AFTERNOON TEA | | |
| 3.00pm – 3.25pm | Augusta/ Doral Room | TC Quality Framework and Research - making it practical and doable for staff and residents | Lynne Magor-Blatch | James Pitts
Models of TC Training – Past, present and ensuring the future |
| 3.25pm – 3.50pm | | | Rebecce Davey | The ATCA Standard: Contributing to a Quality Assurance Framework |
| 3.50pm – 4.50pm | | | Research Roundtable: Past, Present and Future | Rowdy Yates, David Best, John Toumborou, Shane Darke, Jane Fischer, Gerard Byrne, Johnny Dow |
| 5.00pm – 5.45pm | | ATCA ANNUAL GENERAL MEETING | | |
## PROGRAM
**DAY 2, Wednesday, 16 October 2013**

<table>
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<tr>
<th>TIME</th>
<th>VENUE</th>
<th>SESSION OR FUNCTION</th>
<th>CHAIR</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.30am</td>
<td>Club Room</td>
<td>AA Meeting</td>
<td></td>
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<tr>
<td>8.00am – 8.45am</td>
<td>Conference Lobby</td>
<td>Registrations &amp; Coffee</td>
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<tr>
<td>8.45am – 9.00am</td>
<td>Augusta/Doral Room</td>
<td>Recap &amp; Intro to the Day</td>
<td>Gerard Byrne</td>
<td></td>
</tr>
<tr>
<td>9.00am – 9.45am</td>
<td>Augusta/Doral Room</td>
<td>PLENARY SESSION</td>
<td>Charlie Blatch</td>
<td>Assoc Prof David Best Social Connections and Identity Transitions</td>
</tr>
<tr>
<td>9.45am – 10.00am</td>
<td>Augusta/Doral Room</td>
<td>Family Inclusive Practice: Moving from Policy to Practice</td>
<td>Alan Trifonoff</td>
<td>Development of a Family Inclusive Framework</td>
</tr>
<tr>
<td>10.30am – 11.00am</td>
<td>Augusta/Doral Room</td>
<td>MORNING TEA</td>
<td></td>
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<tr>
<td>11.00am – 11.25am</td>
<td>Augusta Room</td>
<td>Stream 1: Relationships: Integrating Practice in the TC</td>
<td>John Bartlett</td>
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<tr>
<td>11.25am – 11.50am</td>
<td>Doral Room</td>
<td>Parent under Pressure: The PUP at Logan House</td>
<td>Barry Evans</td>
<td>Amos Hee Integrating the Suicide Assessment Kit (SAK) into the Policies and Procedures of the TC</td>
</tr>
</tbody>
</table>
| 11.50am – 12.15pm | Augusta Room       | Children’s Voices: Capturing the Experience            | Karen Bartlett & Dr JF     | Dr Joanne Ross and Professor Shane Darke Suicide is a leading cause of death among people who misuse drugs and alcohol. Staff in residential rehabilitation services can expect that approximately half of women and a third of men entering treatment will have attempted suicide at some stage. The SAK was developed by NDARC in partnership with NADA, and seeks to provide alcohol and other drug workers with evidence based resources to assist them in the assessment and management of suicide risk. This workshop aims to:  
  • Highlight the salience of suicide among substance users, and discuss the importance of risk assessment  
  • Introduce the SAK  
  • Present an overview of how policies and procedures can be integrated around the SAK; and  
  • Provide training (including role plays) in the use of the SAK Suicide Screener |
<p>| 12.15pm – 12.40pm | Doral Room         | Teaching Emotional Self Control: The neglected but essential element | Tim Flora                  |                                                                         |
| 12.40pm – 1.40pm | Augusta/Doral Room | PLENARY SESSION                                         | Ivor Shaw                  | Kate Carnell AO beyondblue NewAccess: Coaching you through tough times |
| 1.40pm – 2.25pm | Augusta/Doral Room | PLENARY SESSION                                         | Ivor Shaw                  | Dr Genevieve Dingle Influence of Social Connection on treatment outcomes |
| 2.25pm – 2.50pm | Augusta/Doral Room | PLENARY SESSION                                         | Ivor Shaw                  | Cassandra Perryman Treatment related changes in Post-traumatic Stress Disorder (PTSD) |</p>
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<th>TIME</th>
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<th>SESSION OR FUNCTION</th>
<th>CHAIR</th>
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<tbody>
<tr>
<td>3.15pm-3.45pm</td>
<td>AFTERNOON TEA</td>
<td></td>
<td>Johnny Dow</td>
<td>Stream 2: Working with Correctional populations</td>
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<tr>
<td>3.15pm</td>
<td>Augusta Room</td>
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<td></td>
<td>Rowdy Yates</td>
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<tr>
<td>3.45pm–4.10pm</td>
<td>Doral Room</td>
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<td>Grant Robin</td>
<td>Workshop: CBT for Dual Diagnosis: Integrating Treatment</td>
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<tr>
<td>3.45pm</td>
<td>Johnny Dow</td>
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<td>Kim Wood</td>
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<tr>
<td>4.10pm – 4.35pm</td>
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<td></td>
<td>The aim of this workshop is to:</td>
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<tr>
<td>4.10pm</td>
<td>Phillip Grady</td>
<td></td>
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<td>• Outline a model for understanding substance abuse</td>
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<td>4.35pm – 5.00pm</td>
<td>Lance Jefferys &amp;</td>
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<td>• Outline some CBT models of mental health difficulty</td>
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<tr>
<td>4.35pm</td>
<td>Justin Lee</td>
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<td>• Outline methods for understanding presenting problems</td>
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<td>4.35pm</td>
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<td>• Introduce CBT methods and measure effectiveness in the TC setting</td>
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<td>5.00pm – 5.15pm</td>
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<tr>
<td>5.00pm</td>
<td>Highlights from</td>
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<tr>
<td>6.30pm – 11.00pm</td>
<td>ATCA GALA DINNER</td>
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<td></td>
<td>AND AWARDS PRESENTATION</td>
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Supporting, connecting and building a stronger AOD sector in Queensland.

For more information on the work of QNADA, or to apply for membership go to www.qnada.org.au or call 07 3023 5050
## PROGRAM
**DAY 3, Thursday, 16 October 2013**

<table>
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<th>TIME</th>
<th>VENUE</th>
<th>SESSION OR FUNCTION</th>
<th>CHAIR</th>
<th>SPEAKER</th>
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<tbody>
<tr>
<td>7.30am</td>
<td>Pinehurst Room</td>
<td>NA Meeting</td>
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<tr>
<td>8.30am – 9.00am</td>
<td>Conference Lobby</td>
<td>Registrations &amp; Coffee</td>
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<tr>
<td>9.00am – 10.00am</td>
<td>Augusta/ Doral Room</td>
<td>Therapeutic Communities as a proof of concept for a broader Recovery Paradigm</td>
<td>Eric Allan</td>
<td>Rowdy Yates, David Best, Lynne Magor-Blatch, Barry Evans, Johnny Dow, Gerard Byrne</td>
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<tr>
<td>10.00am – 10.20am</td>
<td></td>
<td>ATCA Board – Priorities and Directions for 2014</td>
<td>ATCA Chair</td>
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<tr>
<td>10.20am – 10.50am</td>
<td>MORNING TEA</td>
<td>Doral Room</td>
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<tr>
<td>Time</td>
<td>Chair</td>
<td>Session</td>
<td>Chair</td>
<td>Workshop: Hurting on the inside: understanding and managing self-harm and cutting behaviour in a drug-free therapeutic community</td>
</tr>
<tr>
<td>10.50am-11.15am</td>
<td>Eric Allan</td>
<td>Stream 3: Changing TC Models and Alternate Therapies</td>
<td>Carol Daws</td>
<td>Kathleen Yates</td>
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<tr>
<td></td>
<td></td>
<td>Andrew Hick &amp; Keir Larter</td>
<td></td>
<td>Self-harm – usually in the form of cutting – has become more and more common in therapeutic community populations as referrals of clients with various types of dual-diagnosis have increased. TC staff will often feel deskilled and powerless in responding to this behaviour and advice from health service providers may be confused and often based on little more than hearsay.</td>
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<td></td>
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<td>Odyssey House Circuit Breaker: North East Victoria</td>
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<td>11.15am – 11.40am</td>
<td>Gerard Byrne</td>
<td>Mt Isa Recovery Services: Challenges and Opportunities</td>
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<td>Using mentalisation-based treatment (MBT) this presentation explores the nature of a behaviour, which in many ways parallels the self-destructive and self-loathing nature of the addictive experience itself.</td>
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<tr>
<td>11.40am – 12.05pm</td>
<td>David Warby</td>
<td>Development of the Shanty Creek Therapeutic Community</td>
<td></td>
<td>The presentation considers the practical difficulties of addressing self-harm in a TC and provides practical advice for developing protocols and promoting self-awareness.</td>
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<tr>
<td>12.05pm – 12.30pm</td>
<td>Bernice Smith &amp; Toni Eachus</td>
<td>A preliminary evaluation of the Goldbridge TC Adventure Therapy Program</td>
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<tr>
<td>12.30pm – 12.55pm</td>
<td>Lee Collins &amp; Ron Fitzgerald</td>
<td>Horses for Healing</td>
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<tr>
<td>12.55pm – 1.45pm</td>
<td>LUNCH</td>
<td>Augusta Room</td>
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<tr>
<td>Time</td>
<td>Chair</td>
<td>Session</td>
<td>Chair</td>
<td>Stream 5: Working with complex clients</td>
</tr>
<tr>
<td>1.45pm – 2.10pm</td>
<td>Garth Popple</td>
<td>Stream 4: Medically Assisted Treatment (MAT) within the TC</td>
<td>Bernice Smith</td>
<td>Kim Wood</td>
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<tr>
<td></td>
<td></td>
<td>Carolyn Stubley</td>
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<td>Increasing competence with co-morbidity: The provision of evidence-based dual diagnosis training</td>
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<td>WHOS Opioid Treatment Program (OTP) initiatives – improving services to multiple complex needs clients on Opioid Substitution Treatment (OST)</td>
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<td>2.10pm – 2.35pm</td>
<td>Gerard Byrne</td>
<td>A new TC pathway</td>
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<td>Airlie Ford &amp; Jennifer Mayer</td>
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<td>Stream 6: New Technologies in the TC</td>
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<td>Doral Room</td>
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<td>Sharon Tuffin Digital Storytelling as a therapeutic tool at Karralika Therapeutic Community</td>
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<td>David Warby</td>
<td>Stream 7: The development of training: treatment interventions and skills development</td>
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<td>Chair</td>
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<td>Bill Robinson Amphetamine-type Stimulants (ATS): Translating skills development into practice</td>
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<td>Lynne Magor-Blatch and Johnny Dow Working together – the way forward in TC training in Australia and New Zealand</td>
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<td>ATCA Chair</td>
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<td>Introducing 2014 Conference Venue and Conference Organising Committee</td>
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<td>Rowdy Yates and the Goldbridge Junk Orchestra</td>
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9
PRESENTERS
DAY 1, Tuesday 15 October 2013

INTERNATIONAL KEYNOTE

ROWDY YATES
Senior Research Fellow, Applied Social Science
University of Stirling, Scotland, UK

Rowdy Yates – is Senior Research Fellow and facilitator of the Scottish Addiction Studies group in the University of Stirling, Scotland. He has worked in the drugs field for more than forty years and he was co-founder of an small self-support group of ex-heroin addicts, a group which later merged to form the Lifeline Project; one of the longest established drug specialist services in the UK. He has published widely on addiction issues; including an edited book (with Barbara Rawlings) on drug-free therapeutic communities; a handbook on the purchasing and management of drug and alcohol services; and an edited collection (with Margaret Malloch) on recovery and ways out of addiction. In 1994 he was awarded the MBE for services to the prevention of drug addiction. He is the current Director of EWODOR (the European Working Group on Drugs Oriented Research), Acting President of the EFTC (European Federation of Therapeutic Communities); Chair of the UK Recovery Academy; and a member of the Scottish Government’s Drug Strategy Delivery Commission. Earlier this year, he was honoured by Phoenix Futures UK as their first ever Honorary Graduate.

AUSTRALIAN KEYNOTE SPEAKERS

Dr Lynda Berends
Senior Researcher
NDARC | University of New South Wales

Lynda Berends is a senior research fellow in the Drug Policy Modelling Program at the University of New South Wales. Prior to this, Lynda worked at Turning Point Alcohol and Drug Centre, in Victoria.

Lynda has developed a strong national profile in health services research, focusing particularly on alcohol and other drug program implementation, system design, and integrated models of care. Much of her work is about the interface between different parts of health and welfare, in responding to the needs of those with complex alcohol and other drug problems.

Lynda is the Victorian representative on the Australasian Professional Society on Alcohol and other Drugs Council and Chair of the Health and Human Services Working Group, for the Alcohol and other Drugs Council of Australia.
Associate Professor David Best  
Associate Professor of Addiction Studies  
Turning Point Alcohol and Drug Centre, Monash University, Melbourne

David Best is Associate Professor of Addiction Studies and is a joint appointment with Monash University. He is from Scotland and qualified initially with a first class honours degree in Psychology with Philosophy, before achieving a Masters with Distinction in Criminology. His PhD was about the explanations drug and alcohol users provide for their addictions and how this shapes their perceptions of what is possible in the future. He has worked in academic research at Strathclyde University in Glasgow, the Institute of Psychiatry in London, Birmingham University and the University of the West of Scotland. He has worked in policy research at the Police Complaints Authority, the National Treatment Agency and the Prime Ministers’s Delivery Unit.

Areas of research

• Drugs and crime: and has been involved in work for the UK Home Office as well as developing and evaluating interventions for drug using offenders.
• Treatment effectiveness: was lead for parts of the UK treatment effectiveness initiative, and has been lead on project work in this area in Birmingham and for the Welsh Assembly Government.
• Recovery: His primary commitment in the addictions field is to recovery.
• David Best was the first Chair of the Scottish Drugs Recovery Consortium established as part of the national drug strategy, “The Road to Recovery”.
• He is currently the chair of the UK Recovery Academy to promote academic research into who recovers and when.
• His book “Addiction Recovery: A movement for social change and personal growth in the UK” is to be published in January 2012.

Roger Nicholas
Senior Researcher
NCETA

Roger Nicholas is currently employed as Senior Researcher at the National Centre for Education and Training on Addiction (NCETA).

Roger was previously employed by the National Drug Law Enforcement Research Fund as its Senior Researcher, a role he has held for almost three years. This role involves providing strategic advice to the NDLERF Board of Management and the provision of in-house research services to the Board. He has authored numerous publications in this role. Most recently he undertook a large environmental scan on the behalf of the Board, which documented the range of alcohol and other drug problems impacting on policing at present and into the future. Prominent among these was emerging problems with pharmaceutical drug misuse.

Prior to this, for almost ten years, he was the Senior Alcohol and other Drug Research and Policy Officer at the Australasian Centre for Policing Research. In this role, he was responsible for the administration of the National Drug Law Enforcement Research Fund Secretariat and the Secretariat of the Drugs Committee of the Conference of Commissioners of Police of Australasia and the South West Pacific Region. The latter role involved the development of many discussion papers on a range of alcohol and other drug issues impacting on policing. One such paper concerned the impacts on policing of the diversion of pharmaceutical drugs.

Mr Nicholas has had previous careers in alcohol and other drug treatment provision; in education and in policy development for six years at the South Australian Drug and Alcohol Services Council (now DASSA).
ANNA NELSON
Programme Lead
Matua Raki, New Zealand

Anna is a social worker by trade and began her career in the addiction sector as a ‘dual diagnosis’ social worker in the Waikato (New Zealand) 17 years ago. Following this she worked in a variety of addiction settings including day programmes, residential services, prisons, outpatient services and in education throughout New Zealand and in London.

She graduated with a Master of Social Work (Hons) in 2000 having researched effective alcohol and drug interventions with adolescents in Aotearoa New Zealand. She has been working with Matua Raki in addiction workforce development for nearly 4 years.

JANE SHELLING
Manager NDSIS
Alcohol and other Drugs Council of Australia

Manager of the National Drugs Sector Information Service (NDSIS) for the Alcohol and other Drugs Council of Australia for the past nine years, Jane is also the current President of Substance Abuse Librarians and Information Professionals.

Jane has introduced and project managed: RADAR, the National Inhalants Information Service, Drugfields and the following publications: Tips and Tricks for New Players..a guide to becoming familiar with the alcohol and other drugs sector; ADCA recommends alcohol and other drug resources for the health library and researchers; and An evidence-based approach for the AOD sector.

JAMES PITTS
CEO
Odyssey House

James has been affiliated with Odyssey House in Australia since 1981, initially at Melbourne Odyssey before transferring to New South Wales. James has been the CEO of Odyssey in New South Wales for the past 17 years. He is a founding member of the Australasian Therapeutic Communities Association (ATCA) and has served as Vice-President in the past.

James has held positions on the Boards of the Alcohol and Drugs Council of Australia(ADCA) and ATCA. He is a Board member of the World Federation of Therapeutic Communities and has served on many consultative and statutory bodies within the alcohol and other drugs field within Australia. James has written extensively about the therapeutic community and presented at many conferences both nationally and internationally.

REBECCA DAVEY
Project Officer
ATCA

Bec Davey has been working with the ATCA since 2010, providing oversight of the implementation of the peer review process against the ATCA Standard and working with JAS-ANZ to further refine the Standard in preparation for certification of the Standard as a stand-alone accreditation package.

Bec has also worked for many years with the NGO sector, including both the AOD the public sector and the clinical health sector. Many years of this experience has included working with various packages of standards, including those implemented in the hospital setting, aged care and the NGO sector, both reviewing organisations’ progress against standards and assisting organisations in achieving accreditation.
She was elected to the ACT Legislative Assembly in 1992, and became leader of the ACT Liberal Party in 1993. She was elected Chief Minister in March 1995, and re-elected in 1998 becoming the first Liberal woman to be elected as Chief Minister or Premier in Australian political history. As Chief Minister and Minister for Health she drove significant reform in health information management and funding models. She maintains an interest in health policy and IT.

Kate currently serves on the board of the Australian Red Cross, beyondblue (Deputy Chair), Aged Care Standards and Accreditation Ltd, GS1 and CRC Forestry Ltd (Chair).

Kate was honoured on Australia Day 2006 with an Officer of the Order of Australia for her services to community through contributions to economic development and support for the business sector, knowledge industries, the medical sector and medical technology advances.

**DR GENEVIEVE DINGLE**

Lecturer, School of Psychology
The University of Queensland

Dr Genevieve Dingle is a Lecturer in Clinical Psychology at the University of QLD. She worked as a clinical psychologist in mental health and alcohol and drug treatment services for over a decade before returning to academia. Her research interests are in social and emotional theories of addiction, emotion regulation in adults and young people, and music psychology.

**CASSANDRA PERRYMAN**

MISSING BIO
STREAM 1: RELATIONSHIPS:
INTEGRATING PRACTICE IN THE TC

JULIE NOS
PUP Worker
ADFQ

Julie Nos is a registered psychologist with both clinical and research experience in the field of addiction. She has been working at Logan House since 2010 and prior to this has worked therapeutically with children and young people, as well as been in several research roles including a large study funded by NDARC. Julie Nos has completed an Honours degree in Psychology, and is close to submitting her PhD, both with thesis topics related to substance use.

DR J F
Lecturer,
University of Tasmania

Working as a Lecturer at the University of Tasmania. Dr J-F is a forensic psychologist, criminologist and developmental specialists in adolescent mental health and psychological disorders. He is also a registered school teacher, counsellor and guidance officer. Prior to lecturing, he also worked in several maximum and medium security prisons in Australia, USA and New Zealand delivering various life and education programs. Reviewed efficacy of offender support and development program against recidivism and KPIs. Also, worked within a School/Education context in the area of special education, high-risk adolescent aggressive behaviours, gangs, bullying, motivation, school violence, mental health, psycho-pharmacology, psychopathology and deviancy. In addition, developed several individualized alternative education programs, behaviour support plans, risk management schedules and therapeutic support programs for school students and inmates with complex psychiatric behaviours to non-compliance like symptomologies and behaviours.

MRS KAREN BARTLETT
Founder of Fresh Hope

Karen Bartlett is one of the cofounders of Fresh Hope Association INC in Queensland. Karen started Fresh Hope in 1999 along with her husband. She completed her BA in Counselling in 1996, A Grad Dip in Rehab counselling 2001 & a Masters in Counselling 2008. Karen is a mother of two, a Grandmother of 9 children and is known as Nannals to all 260 children that have been a part of the Fresh Hope Program.

OLGA TURKOVSKAYA
Counsellor
Palmerston Farm Therapeutic Community

Olga works as a counsellor/educator at Palmerston Farm Therapeutic Community (TC) for treatment of alcohol and other drug (AOD) use problems. She is currently completing her postgraduate degree in Masters and Ph.D. in Clinical Psychology at Murdoch University. Olga’s Ph.D. research focuses on the therapeutic relationship in TC models for AOD treatment. Her research is part of a larger project that examines various resident and counsellor characteristics that may impact treatment outcomes.

TIM FLORA
Senior Therapist
Odyssey House

Tim Flora has worked for Odyssey House Victoria for over 5 years. He is currently a senior therapist at Odyssey House’s Therapeutic Community in Lower Plenty. Tim has been delivering the MASC Modules since their inception. The MASC modules have been developed by Jennifer Armstrong and JLA consulting in consultation with Odyssey House Victoria.
STREAM 2: WORKING WITH CORRECTIONAL POPULATIONS

PHILIP GRADY
CEO
Odyssey House, Auckland, New Zealand

This is a joint presentation by the leaders of the Alcohol and Other Drug Treatment Court (AODTC) Network, including Philip Grady, CEO, Odyssey House – Auckland; Michael Douglas, Director, Salvation Army Bridge – Auckland; Johnny Dow, Director, Higher Ground and Fiona Trevelyan, Project Manager, AODTC Treatment Network.

LANCE JEFFREYS
Principal Corrections Officer
Hawkes Bay Regional Prisons

Married for 28 Years 3 Children and 1 Grandchild, 20 years Diesel Mechanic Heavy equipment.

Interests are my Wife, Family, Church, Fishing, Motorbikes Toastmasters and Dale Carnegie graduate.

Principal Corrections officer at Hawkes Bay Regional Prison, 15 Years in the service.

6 Years in charge of the Drug Treatment Unit. Managed Other Special focus units like Youth Unit, Maori focus Unit, and other main stream units. Seconded to Staff Training and area Operations Manager for Corrections Employment and Core Skills training Senior Staff Nationally.

JUSTIN LEE
National Manager, Rehabilitation Service
CareNZ

Hawkes Bay born and bred, Justin had a variety of jobs and experiences before taking up study in Social Sciences and training in Psychotherapy. Worked in a variety of District Health Board, Addiction Service settings and after gaining full registration with DAPAANZ in 2007 began working for CareNZ, taking up the role of Clinical Manager at the newly established Hawkes Bay Regional Prison Drug Treatment Unit (DTU).

In 2010 Justin was appointed to the CareNZ Head Office management team as National Manager Rehabilitation Services supporting a team of eight Clinical Managers and their teams operate DTU’s in prisons across the country.

Married to Jane, Justin has two step sons and 5 year old daughter Grace.

WORKSHOP: USING SUICIDE ASSESSMENT KIT (SAK) IN THE TC

AMOS HEE
Consultant Medical Anthropologist

Amos Hee is a consultant Medical Anthropologist with a particular interest in mental health and organisational culture. Amos currently consults to a range of health organisations as a consultant in process and policy development, change management, and staff development - focusing on better organisational response to comorbidity. Amos is also a provisional trainer in the Applied Suicide Intervention Skills (ASIST) model, used by all Lifeline counsellors. Amos is currently based in the Northern Rivers region of New South Wales, Australia, but often work across the eastern seaboard of Australia. More recently Amos has been part of the design team behind the development of Psychwire, an international mental health professional’s networking website.

PROFESSOR SHANE DARKE
Professor
NDARC | UNSW

Professor Shane Darke has worked in the field of illicit drug research at NDARC since 1988. His area of research is the harm associated with illicit drug use, with a particular focus on mortality. He has published widely in the area of illicit drug use, including work on opioid overdose, psychostimulant overdose, psychopathology, suicide, trauma, treatment outcome and toxicology, and was among the 250 most cited sociology researchers in the world between 2000-2008, according to Thompson Reuters’ Highly Cited Research. He was a senior investigator for the Australian Treatment Outcome Study, the first longitudinal study of outcome for the treatment of heroin dependence among different treatment modalities to be conducted in Australia. He is currently supervising projects on methamphetamine toxicity, methamphetamine and violence, and the toxicology of suicide victims. Professor Darke’s research interests include: Heroin overdose, psychopathology and drug dependence, suicide and drug use, and drug-related trauma.
Dr Joanne Ross is a Senior Lecturer and Clinical Psychologist at the National Drug and Alcohol Research Centre (NDARC). Her research interests include treatment outcomes for drug dependence, suicide risk assessment, psychiatric comorbidity among illicit drug users, and the development of clinical interventions. Joanne is currently a Chief Investigator and Project Director of an NHMRC funded clinical trial of Behavioural Activation Treatment for depression among substance users. She is a Chief Investigator on an 11 year follow up study of entrants to treatment for heroin dependence. She is also Principle Investigator on the Suicide Risk Assessment Study. This project examined current risk assessment practices in Australian residential rehabilitation services, developed the Suicide Assessment Kit (SAK) for use in these services, and is currently evaluating the SAK in residential rehabilitation services nationally.

Kim Wood
Dual Diagnosis Coordinator
Gold Coast Drug Council
Australia - Registered Psychologist (since 1994)
Member – British Association of Behavioural and Cognitive Psychotherapies (since 2002); “Accredited Cognitive Behavioural Therapist” (since 2008)
1992 Master of Science (hons) (Psychology), University of Canterbury, CHRISTCHURCH, NEW ZEALAND
2006 Post Graduate Diploma in Cognitive Therapy, Oxford University, OXFORD, ENGLAND

Current role – I have been the Dual Diagnosis Coordinator at Gold Coast Drug Council for the past two years. My specific role is to assess and provide autonomous, high quality psychological interventions to clients with comorbid mental health and substance misuse problems from both the community and within the Mirkai residential rehabilitation facility. I line manage staff and supervise university psychology externship trainees. I contribute to the development and promotion of the service and carry out routine audit and evaluation. The final part of my role is to provide training to the general and professional community.

Prior to this, I lived for 10 years in London, working in a variety of roles:

• CBT therapist in primary care (working with depression and anxiety, the IAPT program)
• secondary care (providing CBT for psychosis within a community mental health team - bipolar and schizophrenia diagnoses)
• intervention to offenders mandated to community based treatment (Drug Testing and Treatment Orders)
• providing mental health assessment and intervention to offenders appearing at court and mandated to mental health treatment through Probation services (Forensic Mental Health Practitioner); and
• introducing workers providing ‘low intensity’ CBT interventions into GP surgeries.
PRESENTERS
DAY 3, Thursday, 16 October 2013

STREAM 3: CHANGING TC MODELS AND ALTERNATIVE THERAPIES

ANDREW HICK
Manager
Odyssey House

Andrew Hick is the manager of the Circuit Breaker Program, he has worked in the alcohol and other drug field for 15 years. He began in the west of England in 1998, moving to North East Victoria in 2002 where he worked in the community before beginning work with Odyssey House Victoria in 2005. In 2007 the Circuit Breaker Program was awarded the ATCA award for Excellence in Innovation and has twice been highly commended in the National Alcohol and Other Drug Awards. Andrew has also been awarded an Odyssey House Victoria staff award for excellence in 2009.

GERARD BYRNE
Clinical Director
The Salvation Army Recovery Services

Gerard has spent the past 24 years working in The Salvation Army Recovery Services, initially in a counselling role, then Program Director, and currently as the Clinical Director for Recovery Services.

He has also worked on a contractual basis in the private and government AOD sectors for 11 years, providing a range of specialist AOD assessment, referral, intervention and case management services.

DAVID WARBY
Program Manager
Shanty Creek Therapeutic Community

Dave has a Bachelor of Community Education and over 20 years of experience in Therapeutic Communities. In 2008 Dave moved from Canberra to Brisbane to manage Logan House where he played a lead role changing the program from a short-term residential rehab to a medium-term Therapeutic Community. Dave has participated in several ATCA Peer Reviews and is currently the Manager of Shanty Creek Therapeutic Community.

BERNICE SMITH
Service Manager
Goldbridge

Bernice is the Service Manager at Goldbridge Rehabilitation Services, a Therapeutic Community (TC) on the Gold Coast in Queensland. Bernice has a Bachelor of Human Services, Diploma of Drug and Alcohol, and Certificate IV in Workplace Training.

Bernice has 25 years of experience with working in the Health and Community Services sector in Queensland with various agencies across the community, government and private sector.

Bernice worked at ‘The Outlook’ for 5 years, an Adventure Therapy Centre at Boonah conducted by Department Justice. She has supported the introduction of Adventure Therapy into the core program at Goldbridge.

Bernice has undertaken TC Standards training with the ATCA to become a Peer Reviewer and has been a member of a Peer Review team in New South Wales.

TONI EACHUS
MISSING BIO

LEE COLLINS
Case Worker
Fresh Hope Association Inc

Lee Collins grew up with a strong involvement with horses. Lee is a case worker at Fresh Hope and has a Diploma in AOD Work. Lee has first-hand experiences of the impact an equine bond can provide for a hurting soul.

RON FITZGERALD
Staff Counsellor
Fresh Hope Association Inc

Ron Fitzgerald is the staff counsellor and group worker. Ron works as a volunteer one day a week and also comes along on the days we do Horses for Healing. Ron is a farmer who has completed a BA in Health Science (Counselling). He also along with another male staff member annually take the boys of the program camping on a local farm as an expression of positive male role modelling.
STREAM 4: MEDICALLY ASSISTED TREATMENT (MAT) WITHIN THE TC

CAROLYN STUBLEY  
Nurse Manager  
WHOS (We Help Ourselves)

Coming from an extensive background in both Mental Health and Drug and Alcohol Nursing Carolyn commenced working at WHOS (We Help Ourselves) in 2009 to develop and manage the WHOS RTOD (Residential Treatment of Opioid Dependence) stabilisation program and 4 years of experience in the TC model of care. In 2013 Carolyn was appointed to a new position of WHOS Nurse Manager with a focus on providing new initiatives to the WHOS OTP Services. Carolyn is currently the Chair of the NSW and Australasian Opioid Treatment Program Managers Groups having many years experience in the management of OTP services and currently sits on the NSW Ministry of Health Drug and Alcohol Nursing Advisory Committee.

GERARD BYRNE  
Clinical Director  
The Salvation Army Recovery Services  

See stream 3 for this biography.

STREAM 5: WORKING WITH COMPLEX CLIENTS

KIM WOOD  
Dual Diagnosis Coordinator  
Gold Coast Drug Council  

See workshop on Day 1 for this biography

AIRLIE FORD  
Psychologist  
Odyssey House

Airlie Ford is a registered psychologist who has worked at Odyssey House for approximately 1 year and 8 months. Previous to this she completed her student placement requirements through Odyssey House for 8 months and Disability Services Australia for 1 year and 4 months. She completed her registration requirements through the Australian College of Applied Psychology. Airlie has completed a Bachelor of Arts and a Postgraduate Diploma of Psychology with distinction at the University of Western Sydney.

JENNIFER MEYER  
Psychologist  
Odyssey House

Jennifer Meyer is a registered psychologist who has worked at Odyssey House for 1 year and 10 months. Previous to this she completed her student placement requirements through Odyssey House and her registration requirements through the Australian College of Applied Psychology. Jennifer has completed a Bachelor of Arts with distinction and a Postgraduate Diploma of Psychology with distinction at the University of Western Sydney.

STREAM 6: NEW TECHNOLOGIES IN THE TC

SHARON TUFFIN  
Services Director  
Karralika Programs Inc

Sharon Tuffin is the Services Director of Karralika Programs Inc., a specialist alcohol and drug treatment service supporting adults and families in the ACT and surrounding region.

Sharon has a Bachelor of Science (Hons) and a Postgraduate Diploma in Public Health, with over 20 years experience in the health and social policy field across government, private sector and community sector organisations. She has extensive experience in developing, implementing and evaluating programs and policies at national and local levels and believes in the importance of sharing learnings with others to grow the evidence base and improve service quality and client outcomes.

At Karralika Programs, Sharon oversees the organisations’ therapeutic programs, service and community development in line with the Strategic Plan, and has a lead role in strengthening the operational effectiveness and efficiency.

Gerard Byrne  
Clinical Director  
The Salvation Army Recovery Services  

See stream 3 and 4 for this biography.
STREAM 7: THE DEVELOPMENT OF TRAINING: TREATMENT INTERVENTIONS AND SKILLS DEVELOPMENT

BILL ROBERTSON
Health Services Manager
Hunter New England LHD

Bill Robertson is employed by Hunter New England Local Health District as a Service Manager, for the last 10 years. In 2006 he was tasked with setting up the Stimulant Treatment Program for Hunter New England Health and facilitating the research component of both arms of the project. Prior to working with the government sector he worked in NGO sector across and number of services since the mid-eighties mainly focusing on the full range of harm minimisation strategies within the D&A sector.

LYNNE MAGOR-BLATCH
Executive Officer, ATCA

Lynne is a Forensic Psychologist, the Executive Officer with the Australasian Therapeutic Communities Association (ATCA) and an Associate Professor with the University of Canberra, where she is a lecturer in the Masters in Clinical Psychology program. Lynne commenced work with therapeutic communities 1974 at the Ley Community (Oxford) and Alpha House (Portsmouth) and has been involved since that time with TCs in Australia. She has worked in the non-government and Government sectors as program director, policy officer and consultant, and within Mental Health as Secretariat Manager to the National Mental Health Working Group and the National Comorbidity Taskforce; in crisis counselling and intervention; child and adolescent mental health; and forensic services. Lynne has also developed TC programs for parents and children and for offenders in correctional settings. In June 2010, Lynne was inducted into the National Alcohol and Drug Honour Roll for significant contribution to the AOD sector over a considerable period of time. Lynne has also recently completed a PhD with the National Drug and Alcohol Research Centre, undertaking a study that examined the effectiveness of the Group Intervention for ATS users (GIATS), which was especially developed for use in TCs.

JOHNNY DOW
MISSING BIO

WORKSHOP: HURTING ON THE INSIDE: UNDERSTANDING AND MANAGING SELF-HARM AND CUTTING BEHAVIOUR IN A DRUG-FREE THERAPEUTIC COMMUNITY

KATHLEEN YATES
Registered Psychotherapist, UK

Kathleen Yates – has worked in the UK National Health Service (NHS) as a Top Grade Adult Psychotherapist since 1992. Prior to this she worked as a drama-therapist with offenders, both in and out of prison. She has also worked as a mental health worker/therapist in a street based Project for young people with mental health difficulties. She is a dynamically trained psychotherapist who has worked intensively with groups and individuals. Her areas of expertise are with people who have severe early adverse experience, substance dependency problems, persistent depressive illness and post traumatic difficulties. Since 2006 she has worked with the Advanced Intervention Service (AIS), a University of Dundee-based, national service working with patients who suffer from treatment refractory depression and OCD. She is trained and experienced in EMDR (eye-movement desensitisation and reprocessing) and MBT (mentalisation-based interventions).
ROUNDTABLE DISCUSSIONS

Day 1, Tuesday, 15 October 2013
3.50pm - 4.50pm

TOPIC: THE EVIDENCE AND CHALLENGES FOR TC’S
Rowdy Yates, David Best, John Toumbourou, Shane Darke, Jane Fischer, Gerard Byrne, Johnny Dow

In March 2013, the ATCA held a successful Research Roundtable, which brought together ATCA members and researchers from a number of Australian universities to discuss TC research – past, present and into the future. Emerging from this forum was the assurance that Australian and New Zealand TCs are leading the way in research and particularly in new and innovative treatment approaches. This panel session will invite short presentations from panel members and audience discussion on the direction for future research, with a focus on particular TC populations, quality of life measures and other psychosocial aspects of change, rather than reduction in substance use and criminality alone. Never has our research output been so important as today, with changes in Government funding and increasing emphasis on evidence-based practice. The continuing development of collaborative research projects across TCs and in partnership with universities will strengthen our ability to survive and grow in the changing funding climate. This session will explore those possibilities and suggest ways we can work together to further grow and develop.

Day 3, Thursday, 17 October
9.00am – 10.00am

TOPIC: THERAPEUTIC COMMUNITIES AS A PROOF OF CONCEPT FOR A BROADER RECOVERY PARADIGM
Rowdy Yates, David Best, Lynne Magor-Blatch, Barry Evans, Gerard Byrne, Johnny Dow

Over the last few years, the meaning of the term “recovery” has been debated in the AOD field, and particularly its relation to drug-free status and the differences (if any) between the AOD terminology and mental health’s definition of the term. Importantly, the “recovery movement”, as it has been termed, aims to break the stigma and challenge the stereotypes associated with addiction recovery. The word “recovery” has always been part of TC language. But what does this mean in the current climate? How do we embrace the broader paradigm, particularly in the Australian context, where “recovery” is conceptualized as a journey on which abstinence may not always be the goal?

Fresh Hope is a Therapeutic Community offering a program specifically for Mothers suffering substance abuse

Either for mothers who want to keep their children with them as a family unit Fresh Hope as the only facility in Queensland and Northern NSW specific for mothers and their children offers an eighteen month program with twelve months residential living and six months community living in a half-way house before graduation. Situated on a seven acre rural property with provision for nine mothers and their children under ten years of age, Fresh Hope provides 24/7 care with permanent staff members living on site.
WORKSHOPS

Friday 18 October
9am – 4pm (approximately)

WORKSHOP 1
TOPIC: THE ATCA STANDARD: REVIEWER TRAINING
Rebecca Davey & Barry Evans

About the workshop:
The ATCA Standard has now been certified by the Joint Accreditation System of Australia and New Zealand (JAS-ANZ). This provides two opportunities for ATCA members:
1. To undertake a peer review as a separate process to accreditation as a quality assurance tool.
2. To utilise the ATCA Standard as part of an accreditation framework. This will mean undertaking a service review through a Certified Assessment Body (CAB), which is licensed to apply the ATCA Standard to the residential component of the organisation’s services. As the ATCA will retain the licence of the ATCA Standard, only ATCA members who are certified will be engaged by external CABs as part of an accreditation review team.

This workshop will provide accredited training in the application of the ATCA Standard, providing the opportunity for engagement to review residential services in Australia and New Zealand. Workshop materials will include all the documentation required to undertake a review, including an assessment tool and detailed notes to assist in documentation of the review. Only those who become accredited under the ATCA training will have access to these materials.

WORKSHOP 2
TOPIC: USING MOTIVATIONAL INTERVIEWING WITH GROUPS
Dr Joel Porter

About the Workshop:
Motivational interviewing (MI) is a widely used therapeutic approach for a range of mental health, behavioral health, and substance abuse issues. This interactive workshop will provide an overview of using MI in a group counseling format. Various issues and strategies will be explored relating to adapting MI to groups, including design and implementation issues as well as tips for group leadership. The four phases of MI will be explored, and each phase practiced.

This workshop will assist participants to:
1. Develop a working knowledge of MI concepts and practice
2. Understand the key issues in therapeutic groups
3. Understand group practice of MI compared to individual practice
4. Be aware of the range of MI groups design options
5. Understand the four phases of MI groups
6. Be aware of the various practice exercises used in MI groups
7. Experience/observe MI groups in action

WORKSHOP 3
TOPIC TC PRACTICE: AN EXPERIENTIAL WORKSHOP:
Dr Lynne Magor-Blatch

About the Workshop:
This workshop will be applicable for new staff to the TC, as well as more experienced staff who are wanting a ‘refresher’ in the TC model. The workshop will include:
1. The evolution of the TC – where are we now?
2. How residents change in the TC – use of therapeutic tools, work as therapy, achieving the balance in the program
3. Peer and interpersonal relationships
4. Promoting healthy relationships
5. Staff roles in the TC and contemporary practice regarding staff as rational authority, role modelling

The workshop will also include practice activities, including the use of case studies to roleplay therapeutic sessions, with an emphasis on use in therapeutic group counselling.