



AOD Provider
Collaborative



Current and Emergent Peer Support Issues and Strategies

ATCA Conference

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Anne Bateman, Brody Runga, Julian King

Background

- This was a summary report commissioned by the AOD Collaborative to summarise themes and learnings from multiple evaluations
- CMDHB leads the way in peer support –
 - ~60 peer support FTE
 - 1/3 AOD



AOD Provider Collaborative



Understanding the AOD treatment space better



Investing in the continuing professional development of the AOD workforce



Promoting accessibility for the users of our services



Articulating a career path for new and emerging AOD practitioner talent



Supporting consumer and peer services and networks

*... because a stronger sector enables us to help more people ... **better.***

Team

Peer support



Evaluation



Service users value peer support

It was good to know they'd been through similar things. I didn't feel they were looking down on me, more like equals.

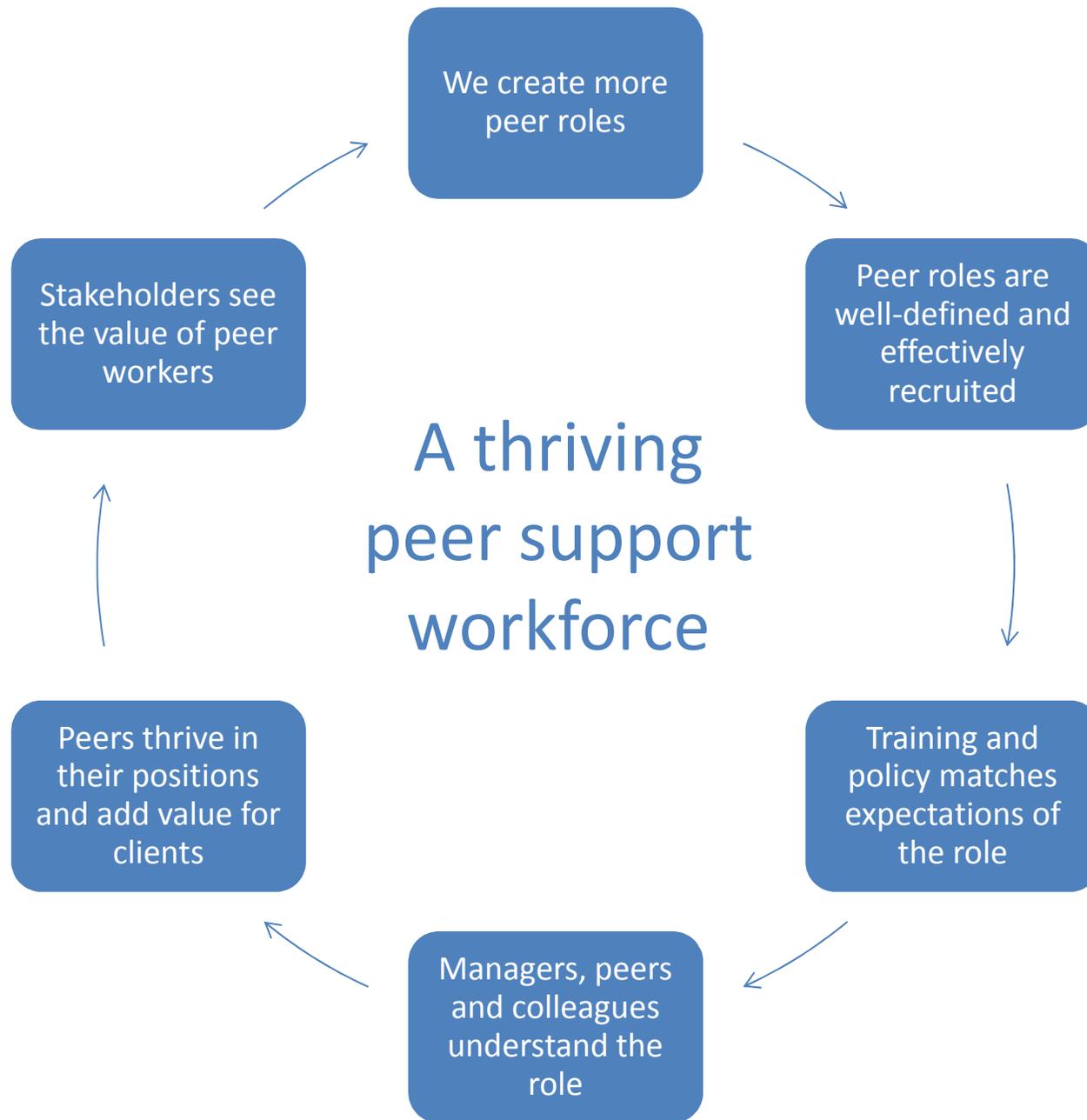
Friend-like connection founded on trust, rapport, mutuality respect

The peer gave her spiel and I thought: here's someone who knows what I've been through and come out the other side!

Feel understood and supported

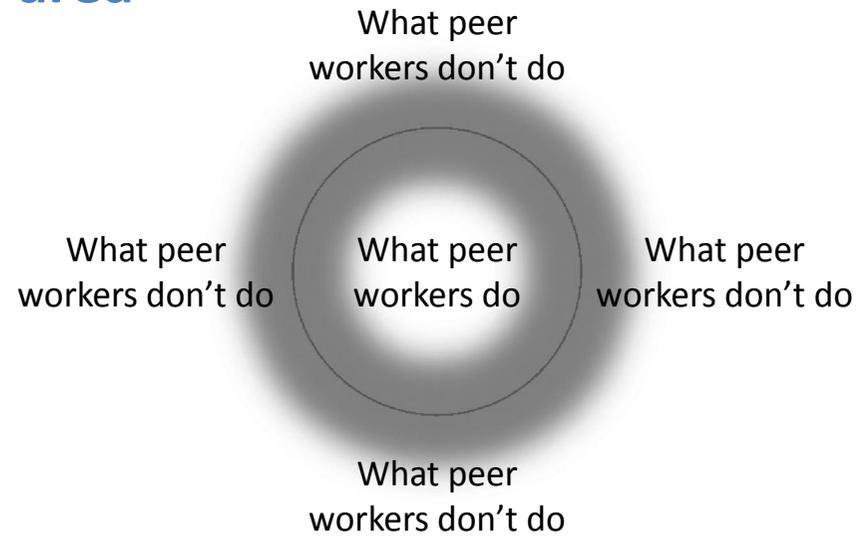
They do so much – it's not just helping, it's healing.

Positive impacts on recovery; lives improved; better resourced to manage

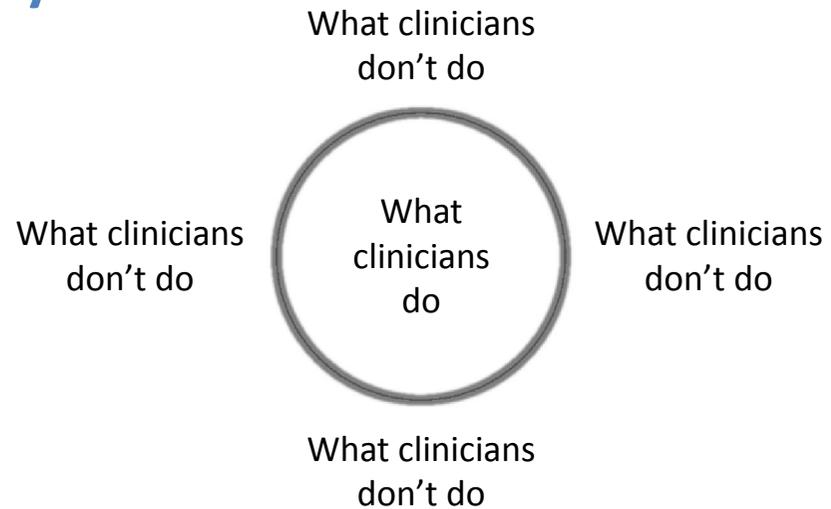




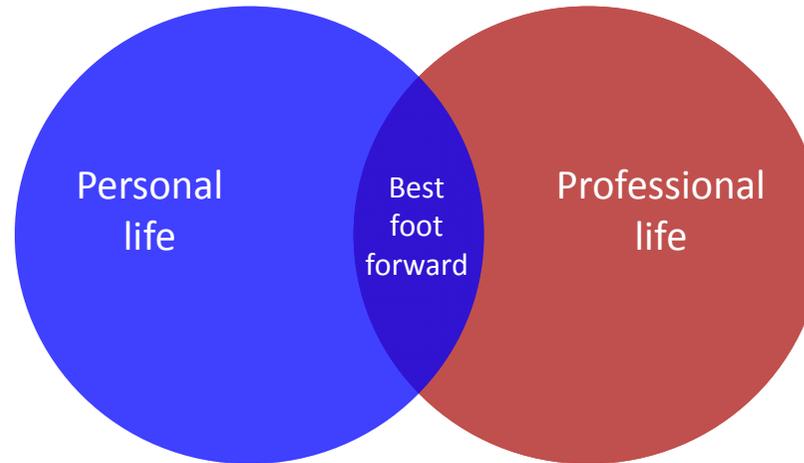
Peer work: much grey area



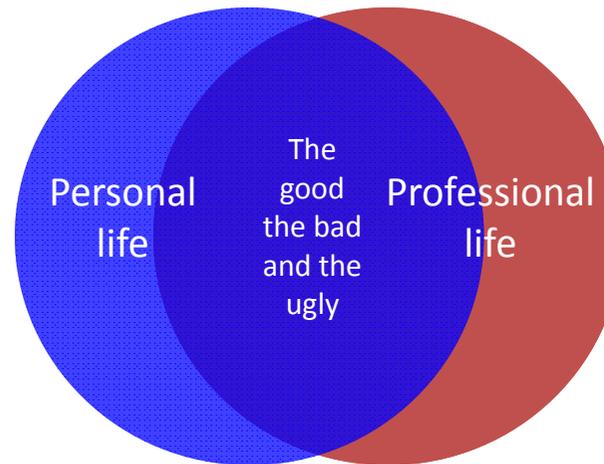
Clinical work: some grey area



Most professionals



Peer support workers



Training should align with...



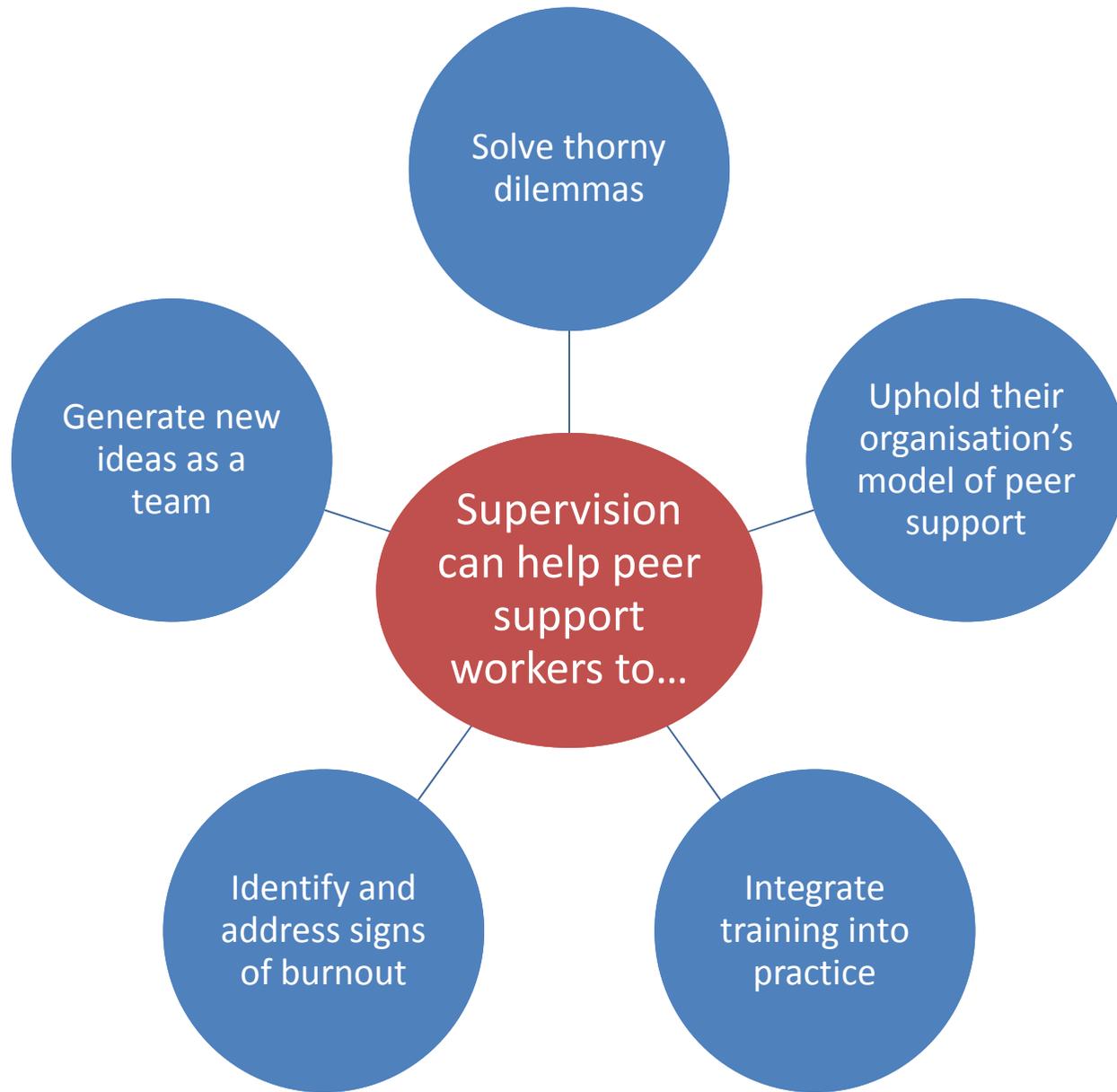
Service model



Expectations of peer support role



Actual peer support role



Connecting the peer support workforce

- Professional networking
- Peer support forum
- Conference
- Shared PD



Good leadership

is evident
when...

Relationships

- Mutual rapport, trust, respect and reciprocity
- Awareness of potential power differentials

Communications

- Openness and commitment to sharing appropriate info in a timely manner

Power sharing

- Clinicians actively working to empower peer support workers to fulfil their intended roles

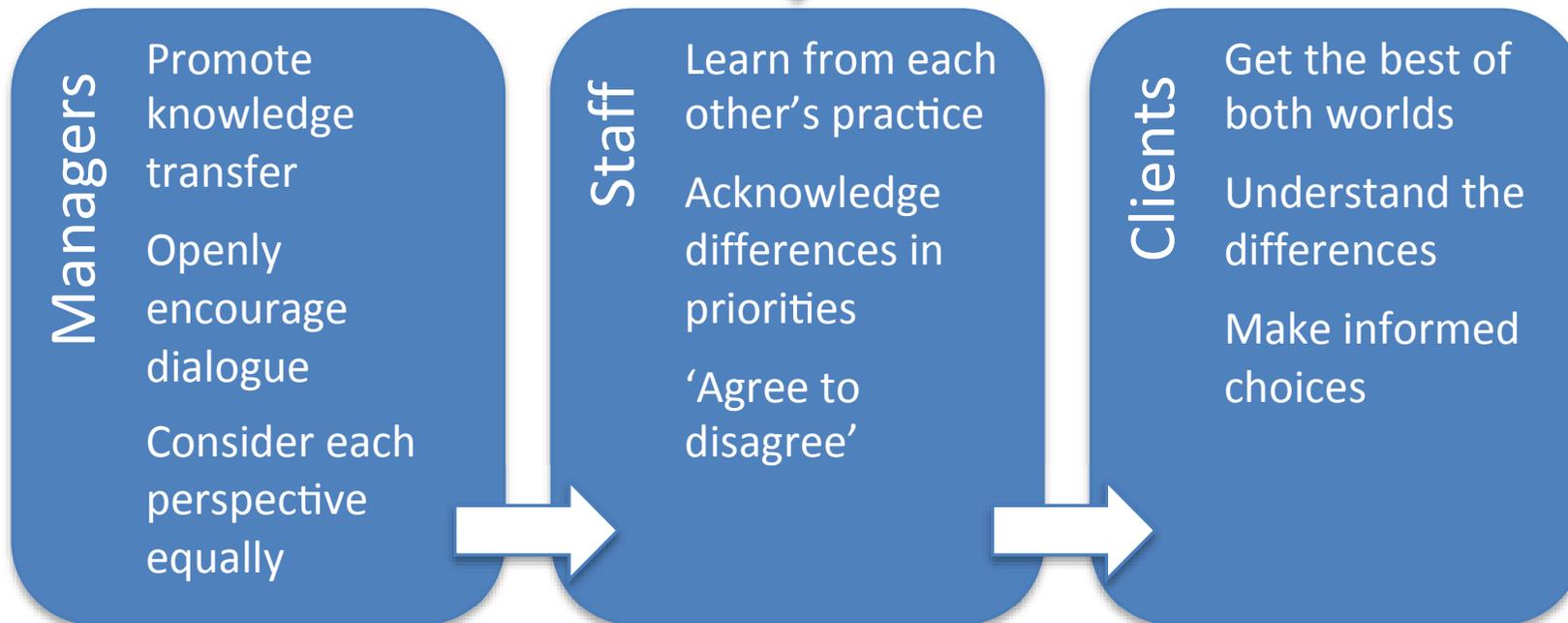
Peer and clinician satisfaction

- Peers and clinicians feel they are part of a cohesive team, participating as equals and maintaining the integrity of the service model.

Peer-clinician relationships and boundaries

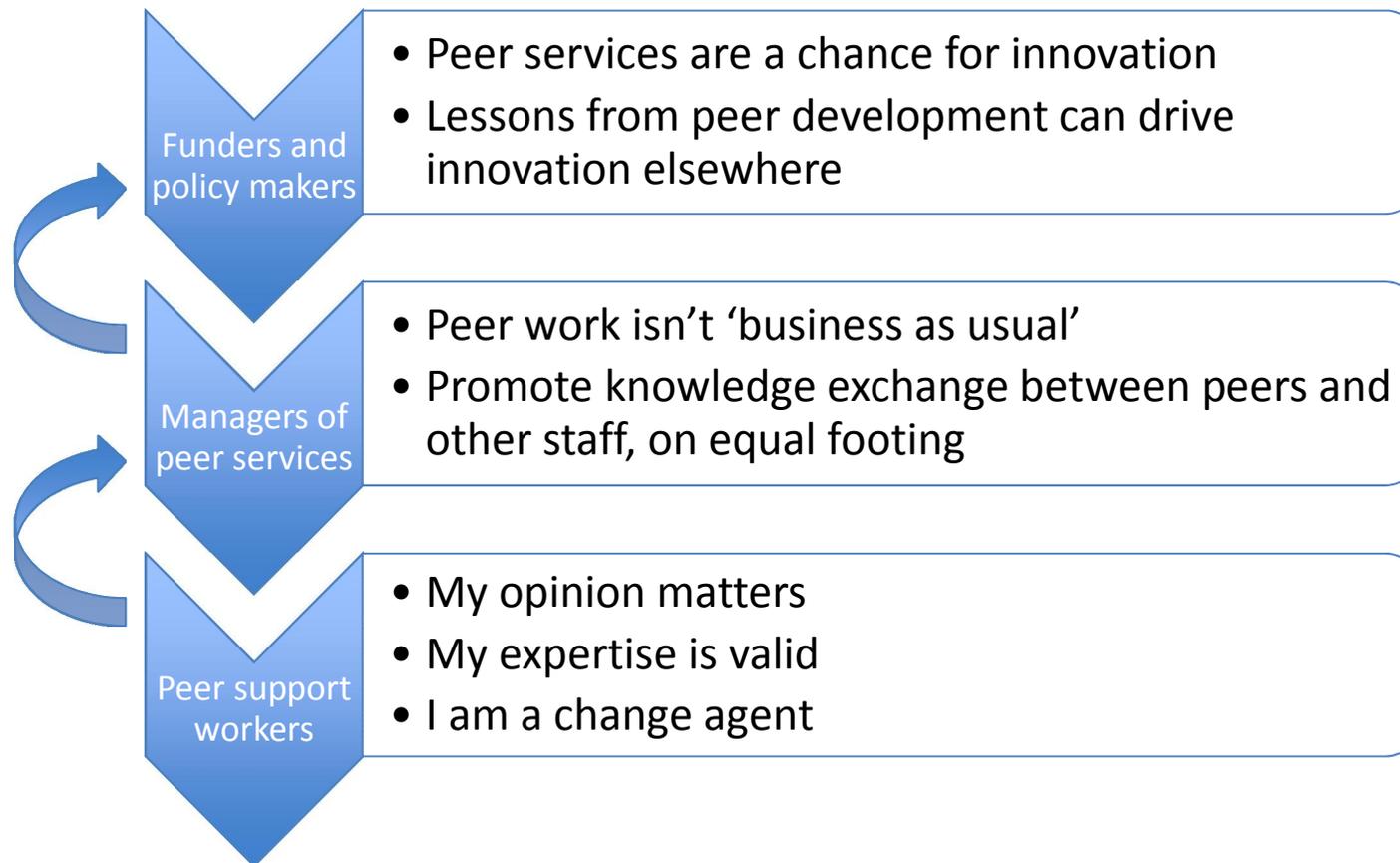
Culture of collegiality: clinicians and peers

All those connected to the service understand the role of clinicians and peer workers, and the value each brings

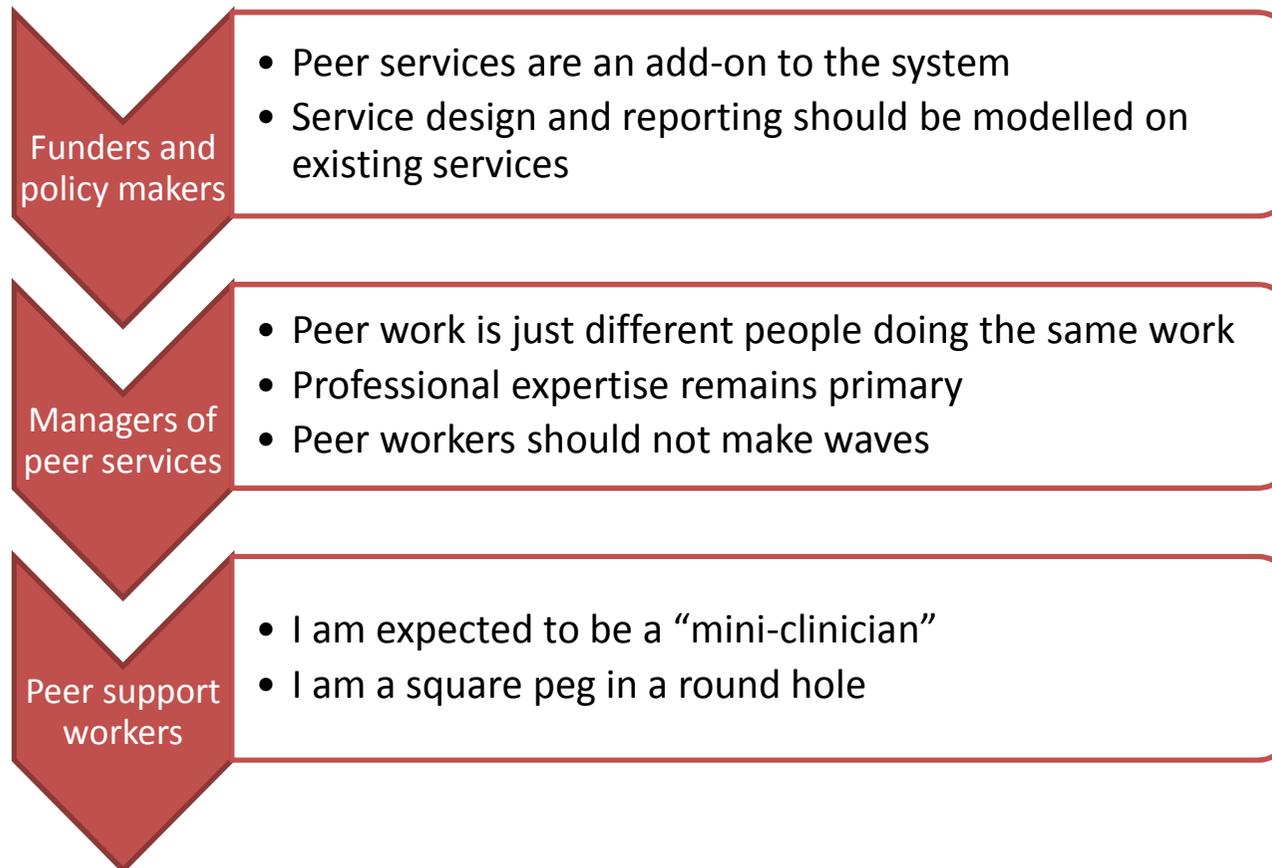


Challenges and opportunities: system change element of role

Innovation throughout the system

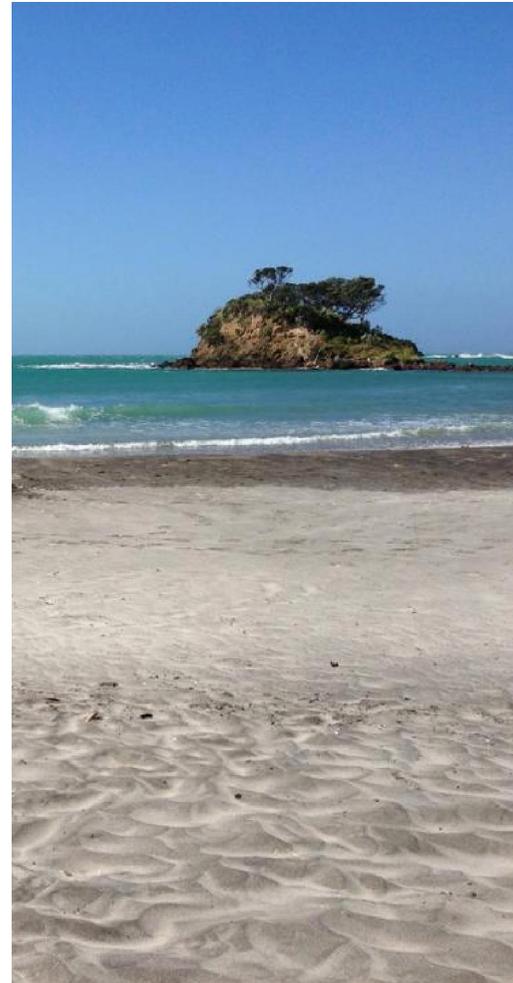


Innovation despite the system



Strategic issues to address

- Skills development
 - Policy makers
 - Managers
 - Colleagues
 - Peer support workers
- Model development
- Career development



What does this mean for you?

(Yes, this is audience participation time!)

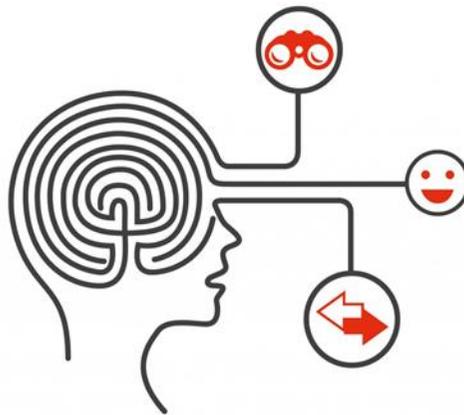
**What do you/
your service do
well?**



**What could you/
your service do
better?**

- Skills development
- Model development
- Career development

- Alternate picture



Access the report here...



aodcollaborative.org.nz/the-knowledge-centre